



HOME DELIVERY MEALS

September 14, 2026

MENU

CHOOSE 3 OR 4 FROM THIS WEEK'S MENU:

Grilled Moroccan Chicken

Quinoa, Sweet Onions, Golden Raisins, Zucchini, Fresh Herbs, Toasted Almonds

Grilled Basil Salmon

Local Corn & Cannellini Bean Ragu, Cherry Tomatoes

Eggplant Parmigiano

House-Made Tomato Basil Sauce, Mozzarella, Romaine & Arugula Salad

Sweet Potato & Black Bean Enchiladas

Roasted Pepper-Tomato Sauce, Roasted Corn, Cotija Cheese, Cilantro-Lime Slaw

Chesapeake Shrimp & White Fish Cakes

Golden Potato & Green Bean Salad, Old Bay Mayo

Salty Bird Upgrade

Grilled 6oz Sirloin

Gruyère Potato Gratin, Green Beans, Maître d'Hôtel Butter

+\$15 per portion. Select as one of your 3 or 4 meals. Upgrade applies to each portion ordered

A LITTLE EXTRA

SOUP

Potato & Leek Soup
\$12 / quart

SALAD

Sesame Soba Noodle
Salad
\$12 / pint

QUICHE

Duck Bacon & Cheddar
\$7 / slice